



TOKIOMARINE
AMERICA

T_eST

Tokio Marine's e-Safety Training

2016/2017 Catalog



In partnership with Health and Safety Institute, and Summit Training Source.

Powered by OTIS Learning Management System.

TeST

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At Tokio Marine America we strive to provide our clients with the highest customer trust and services. Tokio Marine America’s Loss Control Department and Web Based Client Solutions are proud to announce our service partnership with Health and Safety Institute (HSI) and Summit Training to offer our clients with safety training that is convenient and easy to administer via our web based training resource TeST. The result is safety training that is efficient, cost effective and accessible to all via the web.

[Access the TeST website and log in page at www.TMAmerica.com/TeST](http://www.TMAmerica.com/TeST)

Learning Management System: TeST is a learning management resource that provides our policyholders with online safety training that is OSHA and DOT compliant. TeST is powered by OTIS Learning Management system.

More than 100 courses to choose from: Our policyholders can choose from a total of more than 100 titles, based on lines of coverage, from topics such as Accident Investigation & Preparedness, Behavior Based Safety, Driver Safety, Ergonomics, Fire Safety and Prevention, and more.



TOKIO MARINE AMERICA

TeST is a service and resource of the Tokio Marine Loss Control Department.

Protecting our Global Community of Customers.

For more information contact us at (888) 525-2942 or CS.TokioTraining@tokiom.com



Tokio Marine America is committed to the highest customer trust. We exist to deliver ANSHIN (safety, security and peace of mind) to our customers by providing the highest quality services.

OSHA Courses

OSHA 10/30-HOUR FOR GENERAL INDUSTRY & CONSTRUCTION

Eliminate difficult scheduling, costly classes, and negative impact on your productivity. Summit's Online OSHA 10- & 30-Hour Training for both General Industry and Construction offers engaging, interactive online training courses to ensure comprehension and help you meet regulatory and compliance needs.

Summit's user-friendly online courses are the most efficient way to obtain your DOL/OSHA course completion card. Implemented through Otis – our online learning management system – these courses allow administrators to track employee progress, schedule training, view quiz scores and provide easy student access to training, 24/7. Additionally, Summit offers OSHA in Spanish.

- Courses include full text to narration audio, video, images, and interactions
- Elective course options allow you to make the curriculum your own
- Students have 180 days to complete training
- OSHA course completion cards are sent upon completion

HAZWOPER TRAINING 40, 24, & 8-HOUR

Easily complete required HAZWOPER training, meet compliance needs, and earn your HAZWOPER completion certificate. Summit's interactive and media-rich online HAZWOPER training teaches employees best safety practices for hazardous materials operations, such as emergency response, clean-up, transportation, disposal, storage, and treatment.

Delivered through Otis, each course includes full text to narration audio, video, images, and interactions to engage students in a comprehensive learning session. Summit HAZWOPER courses are available in online pay-per-view or group discounts and are in compliance with the classroom portion of OSHA 29 CFR 1910.120.*

HAZWOPER 40

Required for workers who perform activities that expose or potentially expose them to hazardous substances

HAZWOPER 24-Hour

Required for employees visiting an Uncontrolled Hazardous Waste Operation mandated by the government

HAZWOPER 8-Hour

Designed as an annual refresher course for general site workers who remove hazardous waste or are involved with hazardous substances or health hazards

Tokio Marine America extends our 20% Customer Discount off current list price to our policyholders. See www.hsi.com for current OSHA 10/30 and Hazwoper course list prices. Discount only applies to original list price for Individuals.

*OSHA does not certify or approve OSHA and HAZWOPER training courses. Some students may complete the courses in less time than course packages state. To fully comply with the HAZWOPER standard, hands-on training must also be completed.

New Courses 2015/2016

Confined Spaces: The Hidden Threat

Addresses OSHA 1910.146

This engaging program provides a refreshed option for confined space training that explains the importance of testing the atmosphere to eliminate and control all hazards before a worker enters a permit-required confined space.

Confined Spaces: Construction Site Safety

Addresses the NEW OSHA 1926 Subpart AA standard

This new program covers the 2015 OSHA standard for working in permit-required confined spaces at construction sites.

Construction: Awareness for Most Common Hazards

Construction sites have four major categories of hazards. Understanding examples of each hazard and going through best practices to ensure that all workers have the knowledge they need to stay safe on the job site and avoid accidents is a must.

Fire Extinguisher Basics and Maintenance

Choosing to face a fire with a fire extinguisher is not a simple decision, with many important choices that need to be made before one is even picked up. When workers are properly trained, fire extinguishers can save lives and property by putting out a small fire or controlling a fire until additional help arrives.

Forklift Safety: Basics and Best Practices

To prevent forklift accidents, OSHA mandates that every forklift operator must be properly trained and certified before using the equipment. Learn general awareness and best practices to safely operate forklifts. Help create a safer work environment for you and your coworkers.

Hand Safety: Injury Prevention and Procedures

Workplace hand injuries are often preventable. Prevention begins by focusing on the task at hand, as well as by recognizing and respecting the hazards that are present. In this program, you and your employees will learn the measures it takes to protect your hands and to prevent injury while on the job.

NFPA 70E: Arc Flash and Arc Blast Protection

Updated for the 2015 NFPA 70E standard, teach employees how to deal with electrical hazards as safely as possible and what it takes to do their jobs without getting hurt or killed.

Workplace Violence: Prevent the Threat There are specific policies in place regarding how to avoid or respond to workplace violence that may differ among industries or types of workplaces; this program provides an awareness-level overview of the types and risk factors of workplace violence and how to avoid an incident.

Zika Virus: Prevent the Infection

Zika is a virus that was first discovered in 1947 in Uganda and is primarily spread by the bite of an infected *Aedes aegypti* or *Aedes albopictus* mosquito. Before 2007, most Zika outbreaks were likely not documented because the symptoms are similar to other types of diseases. Recently, Zika has been linked closely to serious birth defects and health officials all over the world recommend that people take precautions to avoid infection because there is no vaccine, medicine, or cure for Zika. Job tasks may raise the risk for Zika infection, therefore it is very important to understand the virus in order to protect yourself, your family, and your coworkers who are or may become pregnant. This program will enable you to:

- Describe the risks associated with Zika infection.
- Name the ways Zika virus can be transmitted.
- Describe prevention techniques to avoid Zika transmission.

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Tokio e-Safety Training Resource

Web Based Training - Course Descriptions



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Course Listing

Accident Investigation

Teaches employees a systematic approach for effectively investigating all types of accidents and determining their root causes to help prevent future incidents. This program covers:

- Purpose of an accident investigation
- Responding to different types of accidents
- Conducting an investigation
- Techniques for getting accurate results when interviewing witnesses
- Documenting findings and corrective actions
- Implementing improvements

Online; Interactive Available in Spanish

Accident Investigation: Determining Root Causes

Offers a systematic approach for effectively investigating all types of accidents and determining their root causes in order to prevent future incidents. This program covers:

- Purpose of an accident investigation
- Responding to different types of accidents
- Conducting an investigation
- Techniques for getting accurate results when interviewing witnesses
- Documenting findings and corrective actions
- Implementing improvements

Online; Interactive & Student Video Course Available in Spanish

Accident Investigation: Examining The Details

Explains the importance of implementing a successful accident investigation process by training workers how to figure out exactly why an accident occurred, in order to achieve a safer workplace for everyone in the future. This program covers:

- What to investigate
- Reviewing records
- The accident scene
- Analyzing information
- Interviewing witnesses
- Communicating recommendations

Online; Interactive & Student Video Course

Accident Investigation for Healthcare

When working in a medical environment, there are a number of specific hazards that can lead to accidents or injuries. Accidents can happen anywhere at any time, so it's important to be well prepared to handle these potentially difficult situations. This program covers:

- When to investigate
- The accident scene
- Interviewing witnesses
- Reviewing records
- Analyzing information
- Communicating recommendations

Online; Interactive & Student Video Course

Aerial Lift Safety

Addresses 1910.67/ANSI A92.6

Teaches best safety practices, housekeeping, and equipment maintenance techniques to prevent aerial lift accidents at your site, including scenarios when working with or around electricity, working in inclement weather, and working in an elevated bucket. This program covers:

- Fall protection, load requirements, and equipment
- Pre-start inspections
- Safe use

Online; Interactive & Student Video Course Available in Spanish

Air Emissions

Complies with the Clean Air Act

Teaches specific environmental regulations pertaining to emissions. Ideal for all employees who operate equipment or execute processes that can affect emissions. This program covers:

- Definition of air emissions
- The broad impact regulations have on a facility
- Measures employees can take to help ensure environmental compliance

Online; Interactive & Student Video Course

Ammonia Safety

Addresses OSHA 29 CFR 1910.111

Teaches workers to be aware of hazards, as well as proper handling skills when working with ammonia. This program covers:

- What is anhydrous ammonia?
- Potential hazards
- Best safety practices

Online; Interactive & Student Video Course Available in Spanish

Asbestos 3-Part Series

Addresses OSHA 29 CFR 1910.1001

Uses multiple scenes from different building environments to teach how to prevent exposure and medical complications by following proper procedures when handling asbestos. This three-part series includes:

Asbestos Awareness

Addresses OSHA 29 CFR 1910.1001

Teaches how to handle asbestos safely. Includes demonstrations of asbestos removal using glove bags and isolation space removal.

Asbestos: Maintenance

Addresses OSHA 29 CFR 1910.1001

Teaches janitorial and other maintenance workers protective measures to reduce potential exposure and what to do if asbestos is discovered in the work environment.

Asbestos: Understanding The Hazards

Addresses OSHA 29 CFR 1910.1001

Teaches the potential hazards posed by asbestos-containing materials, such as ceiling panels, insulation, and floor tiles, and how to reduce worker exposure.

Online; Student Video Course Available in Spanish

Back Injury Prevention: You're in Control

Teaches best practices for maintaining a strong and healthy back to reduce injuries and their associated cost. This program covers:

- How the back functions
- Correct lifting and carrying techniques
- Correct posture
- Stretching to prevent injury
- How good health reduces chance of injury

Online; Interactive & Student Video Course Available in Danish, French Canadian, Portuguese, Spanish

Back Safety

Teaches how to avoid back injuries, with demonstrations on heavy lifting and moving techniques in several real-world work environments.

This program covers:

- How the back works
- Common back injuries
- Risk factors
- Preventive measures
- Proper lifting techniques

Online; Interactive & Student Video Course Available in Spanish, Swedish

Back Safety: Lift For Life

Demonstrates how many causes of back injury can be prevented by teaching employees to follow proper lifting techniques and the basics of back safety. This program covers:

- Common back injuries
- Accessing the lift
- Proper posture
- Lifting safely
- Reducing the hazard
- Other risk factors

Online; Interactive & Student Video Course Available in Spanish

Back Safety: The Ergonomic Connection

Teaches that a solid back safety program is critical to help prevent back injuries and reduce the associated costs for the success of your business.

This program covers:

- How the back works
- Proper body mechanics
- Common back injuries
- Risk factors
- Preventive measures

Online; Interactive & Student Video Course

Behavior Based Safety: Key Components

Supports maintaining the program and gives detailed instructions on ensuring its effectiveness.

Online; Student Video Course

Behavior Based Safety: Making the Right Decision

Presents behavior-based safety to staff and crew members, and explains the theory behind behavior-based programs and their part in making the system work.

Online; Student Video Course

Behavior Based Safety: The Manager's Role

Explains how managers can move from the ineffective "safety cop" role to successfully influencing their staff's safety behavior.

Online; Student Video Course

Benzene Safety

Teaches the permissible exposure levels for working with and near benzene and how to safely handle this chemical. Appropriate for a wide range of employees. This program covers:

- Health hazards associated with benzene
- Best safety practices
- PPE
- Monitoring techniques
- Industrial applications

Online; Interactive & Student Video Course

Bloodborne Pathogens

Addresses OSHA 29 CFR 1910.1030. Includes Hepatitis C. Promotes awareness of bloodborne diseases, provides definitions of bloodborne pathogens, the modes of transmission, misconceptions concerning the diseases, how to recognize exposure situations, and the universal precautions required. This program covers:

- Understanding bloodborne pathogens
- Modes of transmission
- Best practices
- Personal protective equipment
- Exposure procedures

Online; Interactive & Student Video Course Available in Spanish.

Bloodborne Pathogens - With Hepatitis C

Addresses OSHA 29 CFR 1910.1030

Helps ensure employees stay safe when working with or around Hepatitis C.

This program covers:

- Bloodborne pathogens, including Hepatitis B and C, and HIV
- Modes of transmission
- Exposure situations
- Exposure control plans
- What to do if exposed

Online; Student Video Course Available in French

Bloodborne Pathogens for Healthcare

Helps ensure that healthcare personnel utilize standard precautions to understand that all blood, body fluids, secretion, excretion (except sweat), nonintact skin, and mucous membranes may contain bloodborne pathogens. This course covers:

- What are bloodborne pathogens?
- Diseases that could be transmitted
- Potential exposure routes
- How to protect yourself
- What to do if exposure occurs

Online; Interactive & Student Video Course Available in Spanish

Bloodborne Pathogens: Exposure Prevention V2

Teaches the risks and preventive measures of exposure to workers in all levels of occupation at risk of exposure to bloodborne pathogens, including Hepatitis B, Hepatitis C, and HIV/AIDS. This program covers:

- Understanding bloodborne pathogens
- Best practices
- Modes of transmission
- Personal protective equipment
- Exposure procedures

Online; Interactive Available in Spanish, French, German, Italian, Portuguese

Bloodborne Pathogens: Universal Precautions

Addresses OSHA 29 CFR 1910.1030

Keeps workers informed about situations where infection from blood and other body fluids are a risk factor. This program covers:

- What are bloodborne pathogens?
- How to protect yourself
- Diseases that could be transmitted
- What to do if exposure does occur
- Potential exposure routes

Online; Student Video Course Available in Spanish

Cold Stress

Protects workers from chilling hazards like frostbite and hypothermia, and helps prevent costly accidents. The program covers:

- Frostbite
- Protecting yourself
- Best practices for hypothermia

Online; Student Video Course

Combustible Dust Incident Prevention

Educates employees to be alert for hazards and promotes commitment to following good housekeeping and safe work practices. This program covers:

- Hazards of combustible dust
- Preventing dust explosions
- Emergency procedures

Online; Interactive & Student Video Course Available in Spanish

Compressed Gas Cylinders

Addresses OSHA 29 CFR 1926.350

Teaches best safety practices when working with or around compressed gas cylinders. Relevant to all workers who handle and work around gas cylinders. This program covers:

- Pre-use inspection and testing
- Proper storage and transportation
- Best safety practices

Online; Interactive & Student Video Course Available in Spanish

Concrete & Masonry

Addresses OSHA 29 CFR 1926 Subpart Q

Teaches those working around concrete and masonry to be aware of their surroundings by following best safety practices and wearing the proper PPE to protect them from potential hazards. This program covers:

- General requirements
- Cast-in-place and pre-cast concrete
- Lift slab operations and masonry construction

Online; Interactive & Student Video Course Available in Spanish

Confined Spaces: The Hidden Threat

Addresses OSHA 1910.146

Teaches the importance of testing the atmosphere to eliminate and control all hazards before entering a permit-required confined space.

This program covers:

- Confined space hazards
- Preparing a confined space for entry
- Working in a confined space

Online; Interactive & Student Video Course

Confined Space Entry: No Time For Error

Addresses OSHA 29 CFR 1910.146

Exposes the dangers of confined spaces. Provides workers with the knowledge to work safely within potentially hazardous conditions and teaches best safety practices when working in or near confined spaces.

This program covers:

- What is a confined space?
- Proper entry procedures including permits, monitoring, and PPE
- Associated hazards and responsibilities

Online; Interactive & Student Video Course Available in Spanish

Confined Spaces: Construction Site Safety

Addresses OSHA 1926 Subpart AA

Teaches the importance of testing the atmosphere to eliminate and control all hazards before entering a permit-required confined space. This program covers:

- Confined space hazards
- Preparing a confined space for entry
- Working in a confined space

Online; Interactive & Student Video Course Available in Spanish

Confined Space Entry 2-Part Series

Addresses OSHA 29 CFR 1910.146

Brings together two significant training topics in confined space safety training. This two-part series includes:

- Emergency Rescue • Permit Required

1. Confined Space Entry: Emergency Rescue

Addresses OSHA 29 CFR 1910.146

Helps protect construction workers against exposure to serious safety or health hazards in permit-required confined spaces that are unique to construction sites. This program covers:

- Confined space hazards
- Preparing a confined space for entry
- Working in a confined space

Online; Interactive & Student Video Course

2. Confined Space Entry: Permit Required

Addresses OSHA 29 CFR 1910.146

Trains workers on the hazards of working in a confined space and the importance of following proper entry procedures. This program covers:

- What is a confined space?
- Proper entry procedures including permits, monitoring, and PPE
- Associated hazards and responsibilities

Online; Interactive & Student Video Course

Available in Spanish, French, German, Italian, Portuguese

Contractor & Visitor Awareness

Teaches workers to understand the role of visitors and contractors at the site, and their responsibility regarding contractor and visitor awareness.

This program covers:

- Identifying contractors/visitors
- The role of contractors/visitors at your site
- Best practices for working with or around contractors/visitors

Online; Student Video Course Available in Spanish

Contractor Safety Series

Motivates workers to follow safety procedures that prevent injuries and keep all workers safe when performing work at your facility. Each individual presentation demonstrates live-action situations in many types of work environments.

Contractor Safety: Lab Workers

Potential hazards commonly found in laboratory work environments
Site-specific hazards, such as radiation, respiratory, and biohazards

Contractor Safety: Office Workers

- Ergonomic risk factors commonly found in the office work environment
- Recognizing hazards in the office work area

Contractor Safety: Construction Workers

- Safety responsibilities of construction workers
- Potential hazards commonly found in construction work environments
- Recognizing hazards that may pose a risk

Contractor Safety: Operation/Delivery Workers

- Common workplace hazards for delivery and operations personnel
- Personal protective equipment
- Handling materials safely, including stretching and proper lifting techniques

Contractor Safety: Permit Required

- Activities requiring a safe work permit
- Requirements for other specialized activities, including tunnel entry, roof access, and compressed gas cylinder storage

Contractor Safety: Chemical Process Worker

Addresses OSHA 29 CFR 1910.119

- Training requirements for process workers
- Limiting access to process areas
- Reporting incidents in the process area

Online; Student Video Courses Available in Spanish

Construction: Awareness for Most Common Hazards

Construction sites have four major categories of hazards. Understanding examples of each hazard and going through best practices to ensure that all workers have the knowledge they need to stay safe on the job site and avoid accidents is a must. This program covers:

- Fall hazards • Electrocutation hazards
- Struck-by hazards • Caught in-between hazards

Online; Interactive & Student Video Course Available in Spanish

Construction Safety: Orientation

Ensures retention of vital safety training content by teaching a wide range of best safety practices for construction workers. This program covers:

- PPE • Hazard recognition
- Hazardous materials safety • Vehicle traffic
- Ladder safety • Hoists and slings
- Electrical hazards • Excavations
- Fall prevention • Scaffolding safety
- Housekeeping • Hot work

Online; Interactive & Student Video Course Available in Spanish

Controlling Spills

Addresses OSHA 29 CFR 1910.120

Teaches employees the procedures outlined in the Hazardous Waste Operations Regulation. This program features real-life examples in a number of different work settings effectively demonstrating best safety practices for spill containment, cleanup, and decontamination.

Online; Interactive & Student Video Course Available in Spanish

Crane Safety Series

Addresses OSHA 29 CFR 1910.179

Incorporates expert training for a variety of common cranes to not only help train your workers, but also to create awareness and respect for the catastrophic consequences associated with most crane accidents. This dynamic 4-part series includes:

- Mobile Cranes
- Overhead Operations
- Radio-Controlled Cranes

Crane Safety: Mobile Cranes

Addresses OSHA 29 CFR 1910.180

Covers different types of mobile cranes, including crawler, locomotive, wheel-mounted, and truck-mounted. Teaches workers to successfully and safely plan a lift from start to finish. This program covers:

- Introduction to cranes
- Pre-operation setup and inspection
- Safe work practices

Online; Interactive & Student Video Course Available in Spanish

Crane Safety: Pendant Controlled Cranes

Addresses OSHA 29 CFR 1910.179

Teaches safe operation procedures for pendant controlled cranes and creates an awareness of the hazards around the potentially catastrophic consequences of crane accidents. This program covers:

- Selecting, attaching, and removing rigging
- Storing the block and crane

Online; Interactive & Student Video Course Available in Spanish

Crane Safety: Radio Controlled Cranes

Addresses OSHA 29 CFR 1910.179

- Pre-operation inspection
- Operator positioning and safety procedures
- Transmitter use and load maneuvering

Online; Student Video Course

Cranes: Mobile Crane Safe Operations

Addresses OSHA 29 CFR 1910.180 and ASME B30.5-2007 Trains employees on safe operating practices. Appropriate for anyone working with or around mobile cranes. This program covers:

- Pre-operation set-up and inspection
- Planning a lift
- Load chart interpretation
- Safe and efficient operating techniques

Online; Student Video Course Available in Spanish

Decontamination: The Decontamination Zone

Addresses OSHA 29 CFR 1910.120

Stresses the importance of safely removing contaminants before leaving the worksite by training workers to protect themselves, coworkers, and the environment from exposure to hazardous substances. Appropriate for all industries. This program covers:

- Why decontamination procedures are necessary
- Objectives for organizing the decontamination zone
- Step-by-step procedures to follow when decontaminating
- Proper dismantling and disposal of the zone when decontamination is complete

Online; Interactive Course

Delivering the Goods

Teaches how to safely navigate routes and instructs delivery workers on a full range of related safety issues. Highly effective safety training for route sales and delivery people. This program covers:

- Hazard identification
- Three-point contact for vehicle entry and exit
- Safe lifting and loading techniques
- Best safety practices

Online; Student Video Course

Disaster Readiness

Addresses OSHA 29 CFR 1910.38

Helps workers prepare and plan for any potential emergency. This program covers:

- The importance of planning and preparing for emergency situations
- Variables to consider for proper preparation
- Elements of a comprehensive emergency response plan
- Best practices for a variety of emergency situations

Online; Interactive & Student Video Course

Available in Portuguese, Spanish

Distracted Driving: Forever and Ever

Provides an impactful story of a distracted driving accident that leaves a lasting message. Based on real-life situations, Forever and Ever shows how one wrong decision can drastically change the lives of everyone involved. This important story compels drivers of all ages to realize that when you're behind the wheel there is nothing that takes precedence over operating the vehicle safely. Change the behavior of your employees and their families with this insightful and powerful program.

Online; Interactive & Student Video Course

Decision Driving

Teaches the importance of a positive approach to safe driving and how to expand your field of vision on the road. Includes skills for planning an escape route in the event of an accident ahead, as well as how to take safe but decisive action behind the wheel.

Online; Interactive Course Available in Portuguese, Spanish

DOT/CSA: Profiled In Safety

Addresses FMCSA CSA

Trains commercial carriers to understand new tracking methods and their obligation for compliance with this standard. Easily merge into the CSA safety regulations with this training program that covers:

- Measurement
- Evaluation
- Intervention
- Impact on drivers

Online; [Interactive](#) & [Student Video](#) Course Available in Spanish

DOT: Drug & Alcohol Testing Employee

Addresses DOT 49 CFR Part 40

Helps prevent the consequences of drug- and alcohol-related violations and fines by ensuring employees understand the importance of being drug- and alcohol-free for staying safe on the road, as well as the rights to requirements for testing. This program covers:

- General awareness
- The testing process
- Test results
- The effects of drug and alcohol

Online; [Interactive](#) Course

DOT: Drug & Alcohol Testing Supervisor

Addresses DOT 49 CFR Part 40

Helps prevent the consequences of drug- and alcohol-related violations and fines by ensuring supervisors understand the importance of drug and alcohol-free employees for staying safe on the road, as well as the rights to requirements for testing. This program covers:

- Introduction to reasonable suspicion
- Signs and symptoms of substance abuse
- Constructive confrontation
- The testing process
- Test results

Online; [Interactive](#) Course

DOT Training 4-Part Series

Addresses FMCSA Parts 392, 393 and 396

Teaches the importance of safety to commercial motor vehicle drivers, including 16-passenger vans and 18-wheelers. These four programs are an essential part of FMCSA compliance training and will assist you with preventing costly on-the-road accidents. Series includes:

- DOT: Driver Logs
- DOT: Driver Qualifications
- DOT: Driver Wellness
- DOT: Pre and Post Trip Inspection

DOT: Driver Logs

Addresses FMCSA Part 395

Explains the DOT time constraints that commercial drivers must abide by and how to effectively utilize driver logs. This program covers:

- The 11 hour, 14 hour, and 60/70 rules and exemptions
- Violations that can restrict drivers from work duty
- How to properly track times with standardized driver logs

DOT: Driver Qualifications

Addresses FMCSA Parts 392, 393 and 396

Teaches the many compliance regulations commercial drivers must meet to become and remain employed. This program covers:

- Federal laws regarding investigation and qualification files
- In-depth information explaining the requirements of each file
- Federal standards for drivers including age limits, licenses, medical exams, road tests, and the ability to speak/understand English

DOT: Driver Wellness

Addresses FMCSA Parts 392, 393 and 396

Teaches the three main categories of hazards drivers face that can negatively impact their health as a result of their occupation. This program covers:

- Job duty hazards, including stress, fatigue, and exposure
- Lifestyle hazards such as poor diet, smoking, and hypertension
- Work environment and ergonomic hazards

DOT: Pre and Post Trip Inspection

Addresses FMCSA Parts 392, 393 and 396

Breaks down the crucial truck inspection steps drivers must take to clear their vehicle for pre- and post-trip assessment, as well as maintaining awareness during trips. This program covers:

- General vehicle inspection
- 15-step post-trip inspection process
- 7-step pre-trip inspection procedure

Online; [Interactive](#) & [Student Video](#) Course Available in Spanish

Driven Driver

Uses a variety of road scenes to motivate drivers to respect potential hazards and drive defensively. Teaches the acronym SPACE (Speed, Patience, Awareness, Concentration, and Exit) to help drivers retain and apply safe driving techniques. Perfect for sales, service, and other employees who drive a vehicle. This program covers:

- Safe driving skills
- Loading the vehicle
- Peripheral vision
- Parking and backing
- Vehicle familiarity
- Safe following distance
- Seat belt use

Online; [Student Video](#) Course

Driver Awareness 12-15 Passenger Van Safety

Presents interactions in multiple lessons to teach drivers how to keep themselves and their passengers safe while on the road. While this training program focuses on 15-passenger vans, the safety information also applies to 12-passenger vans. This program covers:

- Techniques for driving a 15-passenger van
- Safety steps to take before beginning any trip with a 15-passenger van
- Driver safety
- Passenger safety

Online; [Interactive](#) Course

Drug Testing Awareness

Teaches important information about the ill effects of drugs and alcohol on employee working ability. Employees who understand the consequences are more likely to resist using. This program covers:

- When testing needs to occur, including pre-employment, random, post-accident, reasonable suspicion, return to duty, and follow-up testing
- Why testing for alcohol and other drugs is required for transportation workers
- Importance of maintaining a drug- and alcohol-free workplace.

Online; [Interactive](#) & [Student Video](#) Course Available in Spanish

Electrical Safety

Addresses OSHA 29 CFR 1910.331-1910.355

Helps prevent electrical accidents and fatalities from occurring by teaching your workers basic safety practices for working with or around electricity.

The program covers:

- Exposed live parts and nominal voltage
- Approach distances for qualified employees
- Lockout/Tagout procedures

Online; [Interactive](#) & [Student Video](#) Course Available in Spanish, French, German, Italian, Portuguese, and Swedish

Electrical Safety 3-Part Series

Addresses OSHA 29 CFR 1910.331-1910.335

Emphasizes best safety practices and teaches employees how to safely work with or near electricity. Series includes:

- What Is Electricity?
- Safe Work Practices
- Qualified Personnel

Electrical Safety: What Is Electricity?

- How electricity works
- Best safety practices
- Associated hazards

[S6177](#) [S17378](#) [S17057](#) 12:00

Online; [Student Video](#) Course Available in Spanish and French

Electrical Safety: Safe Work Practices

Addresses OSHA 29 CFR 1910 Subpart S

Presents essential safety considerations for workers who are exposed to and come into contact with electrical equipment. The program includes:

- Personal protective equipment
- Grounding
- Proper tool selection and use
- Best safety practices

Online; [Student Video](#) Course Available in Spanish and French

Electrical Safety: Qualified Personnel

Addresses OSHA 29 CFR 1910 Subpart S

Trains people who work with electrical equipment to identify exposed energized parts. The program includes:

- Determining nominal voltage
- Working with energized circuits
- Importance of lockout procedures

Online; [Student Video](#) Course Available in Spanish and French

Electrical Safety: Controlling The Hazards

Addresses OSHA 29 CFR 1910.331-1910.335

Features footage from a variety of workplace settings to teach any type of worker how to identify potential electrical hazards, as well as steps to take to prevent electrical incidents from happening in the first place. This program covers:

- How electricity works
- Good housekeeping for electrical safety
- Recognizing electrical hazards
- Grounding electrical equipment
- Proper tool selection and use
- Best safety practices

Online; [Student Video](#) Course Available in Spanish

Electrical Safety: High Voltage 2-Part Series

Addresses OSHA 29 CFR 1910 Subpart S

Trains workers to establish and maintain a respect for the dangers of working with high-voltage electricity. Each program presents critical training elements and best practices that ensure workers are aware and

ready for the potential hazards they face on the job. Series includes:

- High Voltage Awareness • High Voltage Safe Work

Electrical Safety: High Voltage Awareness

Addresses OSHA 29 CFR 1910 Subpart S

- Hazards associated with electricity
- Emergency procedures
- Proper use of protective equipment
- Recommended ratings for safety glasses, gloves, shoes, clothing, and equipment
- Safe work practices
- Proper use of volt/ohm meters
- Regulatory policy requirements

Electrical Safety: High Voltage Safe Work

Addresses OSHA 29 CFR 1910 Subpart S

- Creating a safe working plan
- Installation and use of ground cables
- Lockout/Tagout procedures
- Minimum safe distances
- Working on capacitors
- How to help a worker who cannot let go of an energized part

Online; [Interactive](#) & [Student Video](#) Course

Electrical Safety: Shockproof 2-Part Series

Addresses OSHA 29 CFR 1910 Subpart S

Featuring scenes from a wide variety of workplace settings, this program differs from other electrical safety programs available, because it covers an array of important topics and addresses not only OSHA standards, but also NFPA guidelines. Relevant to all types of workers. The series includes:

- Qualified Employee
- Unqualified Employees

Electrical Safety: Shockproof - Qualified Employee

Addresses OSHA 29 CFR 1910 Subpart S

- How to recognize electrical hazards
- Best safety practices when working on energized parts
- Safety practices to reduce the risk

Electrical Safety: Shockproof - Unqualified Employees

Addresses OSHA 29 CFR 1910 Subpart S

- Why electricity is hazardous
- How to prevent electrical accidents and injuries
- How to recognize common electrical hazards

Online; [Interactive](#) & [Student Video](#) Course

Employee Safety Orientation

Helps eliminate incident and accidents in the workplace.

This program covers:

- Responsibilities of employee and employer
- Lockout/Tagout: what it is and why it's used
- Common workplace hazards
- Importance of good housekeeping
- Identifying signs and placards
- Prohibited activities and unacceptable behavior
- SDS information

Online; [Interactive](#) & [Student Video](#) Course

Energized Electrical Work Permit

Teaches qualified workers what an energized electrical work permit is and what information is required to be provided before work can begin.

This program covers:

- Preparing yourself and the worksite
- What is the Energized Electrical Work Permit?
- Additional NFPA 70E requirements when working on or near energized electrical parts or systems

Online; [Interactive](#) & [Student Video](#) Course Available in Spanish

Environmental Awareness

Uses a variety of industrial settings to clearly summarize the many facets of complying with environmental law. Ideal for all employees, this program covers:

- Waste minimization, disposal, and recycling
- Engineering controls
- Hazardous material handling
- Good housekeeping practices
- Material storage

Online; [Interactive](#) & [Student Video](#) Course Available in Spanish

Ergonomics: Preventing MSDs 2-Part Series

OSHA-proposed Ergonomic Guidelines for General Industry

Teaches about musculoskeletal disorders and how to reduce worker exposure to risk factors and prevent injury. Depicts preventative measures that apply to almost any work environment, using a wide variety of scenes with dynamic 3-D graphics. Series includes:

- Employees • Supervisor

Ergonomics: Preventing MSDs - Employees

OSHA-proposed Ergonomic Guidelines for General Industry

- Definition of musculoskeletal disorders and injuries
- Preventative measures
- Factors that cause MSDs

Ergonomics: Preventing MSDs - Supervisor

OSHA-proposed Ergonomic Guidelines for General Industry

- Analysis of job functions
- Job function and design
- Recognition of MSD indicators

Online; [Student Video](#) Course

Excavations Trenching & Shoring

Addresses OSHA 29 CFR 1926.651 - 1926.652

Presents several different forms of shoring in a variety of different worksites to demonstrate best safety practices to keep employees safe and your site on schedule. The program covers:

- Overview of protective systems
- Regulatory requirements
- Best safety practices

Online; [Interactive](#) & [Student Video](#) Course Available in Spanish

Excavations: Safe Work Essentials

Addresses OSHA 29 CFR 1926.651 - 1926.652

Educates workers that every soil is different, no two excavations are the same, and every situation can be hazardous. Helps ensure awareness of the hazardous injuries that can occur from excavations on any type of worksite. This program covers:

- What are excavations
- Potential hazards
- Protective measures
- Safe work practices

Online; [Student Video](#) Course Available in Spanish

Eye Safety

Addresses OSHA 29 CFR 1910.132

Teaches respect for eye protection and an understanding of the life-long consequences of not using adequate eye protection. The program covers:

- Anatomy of the eye
- Hazard recognition
- Five most common eye hazards
- Dangers of UV and infrared light
- First aid procedures
- Selection, use, and care of eye protection

Online; [Interactive](#) Course Available in Spanish

Eye Safety: Focused on Protection

Helps prevent eye injuries by teaching that being proactive, having proper selection and use of eye and face protection, and using safety eyewear every time it's needed can preserve worker eyesight for a lifetime. This program covers:

- Workplace hazards
- Protective eyewear
- Best work practices

Online; [Interactive](#) Course Available in Spanish

Eye Safety: No Second Chances

Addresses OSHA 29 CFR 1910.132

Features scenes from a variety of jobsites and situations where eye protection is needed and used correctly to teach workers to respect eye protection and understand the life-long consequences of not using adequate eye protection. The program covers:

- Anatomy of the eye
- Dangers of UV and infrared light
- Hazard recognition
- First aid procedures
- Five most common eye hazards
- Selection, use, and care of eye protection

Online; [Student Video](#) Course

Fall Protection

Addresses OSHA 29 CFR 1926.502 and 1910.66

Teaches employees the importance of fall protection and measures they can take to reduce their exposure to fall hazards. This program covers:

- The effects of falls in the workplace
- Identifying and preventing various types of fall hazards
- The components of a personal fall arrest system and how they work together
- Steps for properly inspecting, caring for, and maintaining your fall arrest system

Online; [Interactive](#) Course

Available in Spanish, French, German, Italian, Portuguese, Swedish

Fall Protection: Taking Control

Addresses OSHA 29 CFR 1926.502 and 1910.66

Helps eliminate fall incidents from occurring by teaching workers how to stay safe and protected when working with several different types of fall arrest equipment. This program covers:

- Anchor points
- Full body harness
- Rope grabs
- Lanyards
- Lifelines

Online; [Student Video](#) Course

Fire Extinguisher Basics and Maintenance

Choosing to face a fire with a fire extinguisher is not a simple decision, with many important choices that need to be made before one is even picked up. When workers are properly trained, fire extinguishers can save lives and property by putting out a small fire or controlling a fire until additional help arrives. This program covers:

- Fire Extinguishers • Extinguisher Basics and Use
- Company Policy and Fire • Maintenance and Testing

Emergency Action Plan

Online; [Student Video](#) Course Available in Spanish

Fire Prevention

Addresses OSHA 29 CFR 1910.157

Educates workers on important fire procedures and preventive steps to take should a fire develop, as well as how to operate a wide variety of fire extinguishers. Appropriate for a variety of workplaces and features real firefighting situations. This program covers:

- Proper handling and storing of flammable liquids
- Evacuation procedures
- Good housekeeping
- Fire prevention measures
- Best safety practices

Online; [Student Video](#) Course Available in Spanish

Fire Protection & Prevention V2

Teaches best safety practices for avoiding workplace damage and injuries caused by fire. This program covers:

- Common causes of workplace fires
- Recognizing fire hazards
- How to choose and use various types of fire extinguishers
- Fire prevention best safety practices
- First responder awareness level

Online; [Interactive](#) Course

Fire Safety

Addresses OSHA CFR 1910.157

Teaches how to operate a fire extinguisher, identify potential fire sources, and preventive measures for keeping fires from happening in the first place. This program covers:

- Common causes of workplace fires
- Recognizing fire hazards
- How to choose and use various types of fire extinguishers
- Fire prevention best safety practices

Online; [Interactive](#) Course Available in Spanish

Flammable Liquids: Know Your Risk

Complies with 29 CFR 1910.106

Teaches how to properly handle flammable liquids in order to stay safe and how to avoid accidents in a range of workplaces. This program covers:

- Flammable liquids • Ignition source
- Flammable vapors • Best work practices

Online; [Interactive](#) Course Available in Spanish

Food Manufacturing Contamination

Helps avoid contamination outbreaks by teaching best safety practices for working with or around food. This program covers:

- Why food safety is important
- Some common foodborne illnesses
- Methods of contamination

Online; [Interactive](#) Course

Food Manufacturing Microbiology for Dairy

Educates employees about micro-organisms and their role in food, especially those that can cause disease in humans and animals that may result in serious harm. This program covers:

- What micro-organisms are
- Where they come from
- Why they are significant to the dairy industry

Online; [Interactive](#) Course

Food Manufacturing Quality Assurance

Teaches a systematic, disciplined approach to evaluating and assessing processes, as well as the importance of performing scheduled audits to ensure food quality. This program covers:

- Why internal audits are performed
- Who is involved in the process
- How often internal audits must be conducted

Online; [Interactive](#) Course

Food Manufacturing Sanitation

Teaches how sanitation affects the safety of the consumer, the employee, and the environment. This program covers:

- What sanitation is
- The purpose of sanitation
- Sanitation and its involvement with the law
- Your involvement with sanitation

Online; [Interactive](#) Course

Food Manufacturing Site Security

Presents the specific guidelines created to aid the food industry in preventing the kind of turmoil seen in a major terrorist attack. This program covers:

- Food security today
- Criteria for susceptibility
- Different avenues for attacks

Online; [Interactive](#) Course

Food Manufacturing Traceability Management

Teaches how to monitor food supplies relating to demand, sell-by dates, recall announcements, a product's country of origin, animal welfare, and genetic alterations. Relevant for all food industry workers. This program covers:

- What is traceability?
- Why it is beneficial to the food industry?
- The consequences of ineffective tracking

Online; [Interactive](#) Course

Foot Protection

Addresses the Foot Protection sub-part of OSHA 29 CFR 1910.132

Teaches construction and manufacturing workers, as well as those working around chemicals or electricity, how to protect their feet on the job. Crucial for any workers facing potential hazards to the feet. This program covers:

- Types of footwear
- Daily inspections
- Getting a good fit
- Working safety

Online; [Student Video](#) Course Available in Spanish

Forklift Operations: Safety Driven

Addresses OSHA 29 CFR 1910.178

Trains forklift drivers to recognize hazards and follow proper operating procedures, as mandated by OSHA, to prevent costly accidents and injuries. This program covers:

- Daily inspections
- Maintaining stability
- Driving a forklift
- Handling loads

Online; [Student Video](#) Course Available in Spanish

Forklift Safety

Addresses OSHA 29 CFR 1910.178 for Powered Industrial Trucks

Shows a variety of work environments in order to create awareness and respect for the hazards associated with operating a forklift. This program covers:

- Introduction to lift trucks • Proper load handling
- How lift trucks work and • Safe driving skills
- understanding the stability triangle • Refueling and battery changing
- Pre-operation inspection

Online; [Interactive](#) & [Student Video](#) Course

Available in Spanish, French, German, Italian, Portuguese, and Swedish

Forklift Safety 3-Part Series

Addresses OSHA 29 CFR 1910.178

Presents multiple jobsites and a variety of everyday situations to help workers relate the importance of forklift safety in their specific jobs.

Filmed as a joint venture with Avery Dennison. Series includes:

- Basic Orientation
- Best Operating Practices
- Refueling Procedures

Forklift Safety: Basic Orientation

Addresses OSHA 29 CFR 1910.178

Covers pre-operation procedures to help ensure forklifts are “good to-go.”

- Pre-operation inspection
- Safe operation
- The parts of a forklift

Online; [Student Video](#) Course Available in Spanish

Forklift Safety: Best Operating Practices

Addresses OSHA 29 CFR 1910.178

Best safety practices for moving loads throughout the work environment: through different conditions, surfaces, and around obstacles.

- Hazard awareness
- Load handling techniques and stability triangle
- Pedestrian traffic
- Driving skills

Online; [Student Video](#) Course Available in Spanish

Forklift Safety: Refueling Procedures

Addresses OSHA 29 CFR 1910.178

Covers the basics of all power sources for forklifts and best safety practices for refueling.

- Safe removal and recharging of batteries
- Best safety practices for fuel-powered forklifts
- PPE

Online; [Student Video](#) Course Available in Spanish

Forklift Safety: Basics and Best Practices

To prevent forklift accidents, OSHA mandates that every forklift operator must be properly trained and certified before using the equipment.

Learn general awareness and best practices to safely operate forklifts.

Help create a safer work environment for you and your coworkers. This program covers:

- Before operating a forklift • Best work practices
- Keeping forklifts stable

Online; [Student Video](#) Course Available in Spanish

Formaldehyde

Addresses OSHA 29 CFR 1910.1048

Uses sophisticated graphics and scenes from multiple jobsites to teach employees who work with or are exposed to formaldehyde to understand the different exposure levels, and the importance of utilizing engineering controls and safe work practices to ensure safety. The program covers:

- Health hazards and routes of entry
- Best safety practices
- PPE

Online; [Interactive](#) & [Student Video](#) Course Available in Spanish

GHS Chemical Labeling & Classification

Addresses OSHA 29 CFR 1910.1200

Helps ensure workers understand the global standard for safe handling of hazardous chemicals. This program covers:

- Introduction to GHS
- Classification
- GHS labels
- Safety data sheets
- Best safety practices

Online; [Interactive](#) Course Available in Spanish

GHS USA Compliance

Helps ensure workers understand the USA-specific requirements for handling hazardous chemicals under the Globally Harmonized System (GHS). This program covers:

- Introduction to GHS
- Classification
- GHS labels
- Safety data sheets
- Best safety practices

Online; [Interactive](#) Course Available in Spanish

GHS: Globalize Your Communication

Helps ensure workers understand the Globally Harmonized System (GHS) in order to identify and handle hazardous chemicals safely, regardless of their origins. This program covers:

- What is the GHS?
- GHS labels
- Safety data sheets
- Safety checklist

Online; [Student Video](#) Course Available in Spanish

Hand Safety

Addresses OSHA 29 CFR 1910.138

Teaches that machine guards, screens, and the array of engineered safety devices offer protection only when engineering controls and safety procedures are used. Includes scenes from laboratories and manufacturing sites, such as steel mills and auto parts makers. This program covers:

- The hand and how it works
- Best safety practices
- The importance of correctly using engineered safety devices
- First aid to minimize the effect of injuries that do occur

Online; [Interactive](#) Course Available in Spanish

Hand Safety: Handle With Care

Addresses OSHA 29 CFR 1910.138

Teaches how machine guards, screens, and other engineered safety devices - combined with PPE and following safe work practices - can help prevent hand injuries. This program covers:

- The importance of machine guards
- Ways to prevent hand injuries
- PPE and hand protection

Online; Student Video Course Available in Spanish

Hand Safety: Injury Prevention & Procedures

Workplace hand injuries are often preventable. Prevention begins by focusing on the task at hand, as well as by recognizing and respecting the hazards that are present. In this program, you and your employees will learn the measures it takes to protect your hands and to prevent injury while on the job. This program covers:

- Hazard controls and your responsibility
- Hand injuries and best work practices
- Treating hand injuries

Online; Student Video Course Available in Spanish

Hand Safety: Lacerations

Addresses OSHA 29 CFR 1910.138

Instructs on the avoidance of hand injuries (from small cuts to the amputation of fingers or the entire hand) and how this impacts associated costs of lost work, reduced productivity, and insurance claims. This program covers:

- Engineering controls
- Personal protective equipment
- Safe work practices
- First aid procedures

Online; Student Video Course Available in Spanish

Hazard Communication: Erase the Mystery

Addresses OSHA 29 CFR 1910.1200

Helps ensure proper identification and labeling of hazardous chemicals with GHS procedures for hazardous communication. This program covers:

- Hazardous chemicals in the workplace
- Safety Data Sheets
- Container labels
- Safety checklists

Online; Interactive Course Available in Spanish

Hazard Communication for Retail

Addresses OSHA 29 CFR 1910.1200

Helps keep retail employees safe and well educated about chemical hazards. This program covers:

- Labeling systems
- Differences between common hazardous materials
- Safety Data Sheets
- Reducing or eliminating exposure
- Safe handling of hazardous materials

Online; Student Video Course Available in Spanish

Hazard Recognition

Addresses OSHA 29 CFR 1910.1200

Teaches a proactive approach to incident prevention through recognizing hazards and using best safety practices in the workplace to reduce potential harm and prevent costly accidents and injuries from occurring. This course covers:

- What is hazard recognition?
- Identifying potential hazards
- Inspecting your work area
- Reporting hazards

Online; Interactive Course Available in Spanish

Hazard Recognition: Out of the Ordinary

Addresses OSHA 29 CFR 1910.1200

Teaches how to identify different types of hazards commonly found in the workplace and how to use all of the senses to recognize and prevent hazards. This program covers:

- The specific skills and techniques for accurately recognizing hazards
- Workers' personal responsibilities in incident prevention

Online; Student Video Course Available in Spanish

Hazardous Waste

Addresses OSHA 29 CFR 1910.120

Teaches correct hazardous waste disposal to help protect companies from high fines and costly cleanup and disposal costs. This program covers:

- Differences between hazardous and non-hazardous waste
- Basics of labels and shipping
- Hazardous waste containers
- Accumulation process
- What to do in case of a spill

Online; Interactive Course

Hazardous Waste: Containing The Danger

Addresses EPA regulations, 40 CFR Subchapter I - Solid Wastes (Parts 239 - 282)

Helps ensure employees work proactively to protect human health and the environment by teaching the correct safety regulations and best work practices to follow when working with hazardous waste. DVD includes the option of incorporating test questions into the presentation of each section. This program covers:

- Hazardous waste determination
- Satellite accumulation areas
- Central storage areas
- Universal waste

Online; Student Video Course Available in Spanish

HAZWOPER General Awareness

Addresses Hazardous Waste & Emergency Response OSHA 29 CFR 1910.120

Trains employees on the procedures outlined in the Hazardous Waste Operations Regulation, including best practices for spill containment, cleanup, and decontamination. Also covers spill prevention and proper storage, handling, and inspection of containers. Suitable for 8-hour, 24-hour, or 40-hour training programs.

Online; Interactive Course

Hearing Conservation: What Do You Want To Hear?

Addresses OSHA 29 CFR 1910.95

Helps prevent hearing loss and its associated costs by training workers to recognize when hearing protection is needed and the symptoms of overexposure. This program covers:

- How the ear works
- The correct use of hearing protection
- Why hearing is permanently affected by exposure to loud noises
- Best safety practices

Online; Student Video Course Available in Spanish

Hearing Safety

Addresses OSHA 29 CFR 1910.95

Helps prevent hearing loss and its associated costs by training workers to recognize when hearing protection is needed, and the symptoms of overexposure. This program covers:

- How the ear works
- Why hearing is permanently affected by exposure to loud noises
- The correct use of hearing protection
- Best safety practices

Online; Interactive Course Available in Spanish

Heat Stress

Helps prevent heat stress-related incidents from occurring by teaching workers to be proactive in recognizing heat stress symptoms, and how to take quick corrective action to minimize negative health effects. This program covers:

- How the body handles heat
- Types of heat-related disorders
- Preventive measures
- Recognizing symptoms
- Helping coworkers suffering from heat stress

Online; Interactive & Student Video Course Available in Spanish

Heat Stress: Preventative Measures

Teaches those working in or around hot environments techniques to beat the heat and avoid the potential dangers of heat-related illness. This program covers:

- What is heat stress? • Heat stress disorders and their health effects
- Preparing for heat • Safe work practices

Online; Student Video Course Available in Spanish

Hexavalent Chromium

Addresses OSHA CFR 1910.1026 and 1926.1126

Teaches how to stay protected against the dangers of this silent killer. This program covers:

- What is hexavalent chromium?
- Air monitoring and medical surveillance
- Respiratory protection and PPE
- Safe work practices

Online; Interactive & Student Video Course Available in Spanish

HMH: Hazardous Materials Transportation

Addresses DOT 49 CFR 171 and 172

Provides a thorough overview of the DOT requirements for transporting hazardous materials. Reinforces correct transportation procedures and best safety practices while maintaining compliance. This program covers:

- Shipping papers
- Hazardous materials table
- Placards and labels

Online; Student Video Course

HMT 7-Part Series

Addresses DOT 49 CFR Transportation Subpart C, parts 171-185

Series includes:

- HMT: Bulk Transport • HMT: Safe Work Practices
- HMT: General Awareness • HMT: Security Awareness
- HMT: Handling Non-Bulk Packages • HMT: Shipping Requirements
- HMT: Safety Requirements for drivers

HMT: Bulk Transport

Addresses DOT 49 CFR 178 and 179 also references 172.302

Teaches best safety practices for bulk material handling. This program covers:

- What is bulk packaging?
- Transporting bulk packaging
- Loading and unloading bulk packaging safely

HMT: General Awareness

Addresses DOT 49 CFR 171 and 172

Promotes general awareness of DOT requirements applicable to those involved in handling, preparing, and transporting hazardous materials. This program covers:

- What is covered under the regulations, including where the regulations can be found
- Requirements for identifying hazardous materials
- Hazard communication tools used in transportation

HMT: Handling Non-Bulk Packages

Addresses DOT 49 CFR 173 and references 172.301

Uses state-of-the-art graphics to explain topics such as the hazardous materials table, capacities, and vapor space. This program covers:

- What is non-bulk packaging?
- Transporting non-bulk packages
- Selecting the proper non-bulk packaging

HMT: Safety Requirements For Drivers

Addresses DOT 49 CFR 177

Teaches drivers to understand hazardous material transport, including best practices for keeping hazardous material loads safe during transport. This program covers:

- Hazardous materials safety requirements
- Driving and parking requirements
- Safe driving procedures

HMT: Safe Work Practices

Refers to requirements in 49 CFR 172.704

Appropriate for all employees who may come in contact with hazardous materials. This program covers:

- Emergency response requirements
- Loading and unloading procedures
- Incident response and reporting

HMT: Security Awareness

Addresses DOT 49 CFR 172.800

Teaches the security risk of hazardous material transport and the benefits of being proactive in ensuring hazardous materials go from point A to point B with no incidents. This program covers:

- Hazardous materials security requirements
- Security practices for hazardous materials
- Security risks when transporting hazardous materials

HMT: Shipping Requirements

Addresses DOT 49 CFR 172.200 - .205

This program covers:

- What are shipping papers?
- Additional information on shipping papers
- How to accurately describe hazardous materials for shipment

Online; [Interactive](#) & [Student Video](#) Course Available in Spanish

Hoists & Slings

Addresses OSHA 29 CFR 1910.179 and 1910.184

Trains workers on proper sling inspection, selection, and use to prevent material lifting accidents at your site. Covers a wide range of industries; featured hoist types include hand operated, air or electric powered wire rope, electric chain operated, and vacuum powered. This program covers:

- Types of hoists and slings and their proper uses
- Best safety practices
- Factors to consider when choosing a hoist or sling
- Load handling
- Inspection procedures
- Safe use, care, and storage

Online; [Interactive](#) & [Student Video](#) Course Available in Spanish

Hot Work Permit

Educates workers on proper procedures and safe work practices to prevent personal injury and property damage. This program covers:

- Identifying potential hazards
- PPE
- Permit procedures
- Best safety practices

Online; [Interactive](#) Course Available in Spanish

Hydrogen Sulfide

Helps protect workers from eye irritation, respiratory illness, nerve damage, and even death, by teaching how to recognize the symptoms of exposure to H2S and best safety practices to avoid exposure in the first place. This program covers:

- What is hydrogen sulfide (H2S)?
- PPE for working with or around H2S
- Permissible exposure levels to H2S
- Detecting and monitoring H2S
- Symptoms of exposure to H2S
- Emergency response procedures

Online; [Interactive](#) & [Student Video](#) Course

Hypothermia: Cold Weather Prevention

Creates awareness and respect for the hazards associated with overexposure to cold weather and the elements. Features contractors, maintenance workers, operators, and utility and delivery workers. This program covers:

- What is hypothermia?
- Preventive measures
- Symptoms of hypothermia
- Treatment procedures

Online; [Student Video](#) Course

Incident Investigation

Addresses OSHA 29 CFR 1910.119

A dynamic, media-rich training program set in a variety of work settings. Ideal for all employers. This program covers:

- Purpose of incident investigation
- Analyzing information
- Gathering information
- Recommending corrective actions
- Interviewing witnesses

Online; [Interactive](#) & [Student Video](#) Course Available in Spanish

Industrial Ergonomics

Teaches how to recognize ergonomic hazards and prevent injuries, as well as what musculoskeletal disorders are, how to reduce exposure, and how to recognize risk factors and prevent injury. This program covers:

- Definition of musculoskeletal disorders and injuries
- Factors that cause MSDs
- Preventative measures
- Proper job function and design
- Ergonomic risk factors

Online; [Interactive](#) Course

Introduction To OSHA

Complies with OSHA 10 & 30 Hour Training Required Course

Teaches workers what they need to know about the important OSH Act and how it affects them as employees. This program covers:

- OSH Act and OSHA
- Citations and penalties
- Inspections
- Record keeping and reporting

Online; [Interactive](#) Course Available in Spanish

Job Safety Analysis

Addresses OSHA 20 CFR 1910.119

Teaches workers how to perform a correct and effective job safety analysis. This program covers:

- The purpose and benefits of JSA
- The criteria for selecting job functions to analyze
- Defining basic job steps
- Identifying potential hazards
- Developing approaches that will eliminate or control the hazards

Online; [Interactive](#) & [Student Video](#) Course

Lab Safety

Addresses OSHA 29 CFR 1910.1450

Helps protect staff and property by teaching employees how to work safely in a lab environment. This program covers:

- Best safety practices
- Potential exposure to hazardous chemicals
- Engineering updates including proper ventilation
- Correct use of PPE

Online; [Interactive](#) & [Student Video](#) Course Available in Spanish

Ladder Safety

Addresses OSHA 29 CFR 1910.25, 1910.26, and 1910.29

Helps ensure understanding of best safety practices when working with ladders. Features a variety of work settings. This program covers:

- Ladder selection guidelines
- Ladder inspection and pre-setup
- Ladder setup
- Safe work practices
- Care and maintenance

Online; [Interactive](#) Course

Ladder Safety: Every Step Counts

Addresses OSHA 29 CFR 1910.25, 1910.26, and 1910.29

Teaches important ladder best safety practices. This program covers:

- Ladder selection
- Safe use
- Proper set-up
- Care and maintenance

Online; [Student Video](#) Course Available in Spanish

Laser Safety

Addresses ANSI Z136

Corrects employee misconceptions about industrial lasers while educating workers about best safety practices for compliance with OSHA and ANSI guidelines and regulations. This program covers:

- Necessary safety precautions to prevent eye injury and burns
- The proper eyewear protection for laser operations
- Preventing secondary injury from indirect laser exposure
- Identifying different types of lasers
- Potential hazards when working with lasers

Online; [Interactive Course](#)

Lead Safety

Addresses OSHA 29 CFR 1910.1025 and 29 CFR 1926.62

Teaches best safety practices for reducing the concentration of airborne lead particles and eliminating the potential for overexposure. Relevant to multiple industrial and construction locations. This program covers:

- How lead enters the body
- Effects of overexposure
- Preventative measures and safe work practices
- Requirements for regulating an area
- Why and how preventive measures/controls are used

Online; [Interactive Course](#)

Lead Safety: Keep out the Lead

Addresses OSHA 29 CFR 1910.1025 and 29 CFR 1926.62

Teaches best safety practices for reducing the concentration of airborne lead particles and eliminating the potential for overexposure. Ideal for construction, chemical, manufacturing, petroleum, maintenance, and utility employees exposed to lead on the job. This program covers:

- How lead enters the body
- Effects of overexposure
- Preventative measures and safe work practices
- Requirements for regulating an area
- Why and how preventive measures/controls are used

Online; [Student Video Course](#)

Leadership Skills For Safety

Ensures workers understand the nature of hazardous energy, including how to control it and stay safe while working on machines to avoid injury. This program covers:

- Importance of Lockout/Tagout
- Overview of Lockout/Tagout procedures
- Responsibilities of affected personnel
- De-energizing and restoring equipment to service
- Planning
- Finding all energy sources
- Additional safety measures
- Working as a group

Online; [Interactive & Student Video Course](#)

Lockout/Tagout

Addresses OSHA 29 CFR 1910.147

Ensures your workers understand the nature of hazardous energy including how to control it and stay safe while working on machines to avoid injury. This program covers:

- Importance of Lockout/Tagout
- Overview of Lockout/Tagout procedures
- Responsibilities of affected personnel
- De-energizing and restoring equipment to service
- Planning
- Finding all energy sources
- Additional safety measures
- Working as a group

Online; [Interactive & Student Video Course](#)

Available in French, Portuguese, Spanish, Swedish

Lockout/Tagout 3-Part Series

Addresses OSHA 29 CFR 1910.147

Series includes:

- Lockout/Tagout: Affected Employees
- Lockout/Tagout: Authorized Employees
- Lockout/Tagout: Compliance

Lockout/Tagout: Affected Employees

Addresses OSHA 29 CFR 1910.147

Teaches affected employees how to reduce injuries caused by improper procedures while working with machines. This program covers:

- Importance of Lockout/Tagout
- Responsibilities of affected personnel
- Overview of Lockout/Tagout procedures

Online; [Student Video Course](#) Available in Spanish

Lockout/Tagout: Authorized Employees

Addresses OSHA 29 CFR 1910.147

Trains authorized employees how to stop the accidental release of energy. This program covers:

- What is an authorized employee?
- Preparing for Lockout
- Best safety practices
- Additional procedures

Online; [Student Video Course](#) Available in Spanish

Lockout/Tagout: Compliance

Addresses OSHA 29 CFR 1910.147

Promotes compliance with OSHA training requirements while teaching workers to recognize potential hazards of stored energy and follow established safety procedures to reduce energy release accidents in your plant.

- De-energizing and restoring equipment to service
- Additional safety measures
- Working as a group
- Lockout/Tagout planning
- Finding all energy sources

Online; [Student Video Course](#) Available in Spanish

Lockout/Tagout: Employee Awareness

Addresses OSHA 29 CFR 1910.147

Teaches the importance of following proper procedures and best safety practices when dealing with machinery that utilizes a large amount of energy. This program covers:

- The importance of Lockout/Tagout procedures
- Overview of Lockout/Tagout procedures
- Preventing hazardous energy releases

Online; [Student Video Course](#) Available in Spanish

Lockout/Tagout: Energy Control V2

Addresses OSHA 29 CFR 1910.147

Ensures employees are focused and able to recognize the potential hazards of stored energy and follow established safety procedures to reduce energy release accidents. This program covers:

- De-energizing and restoring equipment to service
 - Planning
 - Finding all energy sources
 - Additional safety measures
 - Working as a group
- Online; Interactive Course

Machine Guard Awareness

Addresses OSHA 20 CFR 1910.213, 1910.261, 1910.215, 1910.217, 1910.243, and 1926.300

Helps protect workers from these preventable injuries by teaching respect for the dangers of unguarded machine parts. This program covers:

- Hazards associated with machines
- Purpose and function of machine guards
- Best safety practices

Online; Interactive & Student Video Course

Available in French, German, Italian, Portuguese, Spanish, Swedish

Machine Guarding

Instructs employees on the full range of machine guards and on their use and maintenance to avoid injury while on the job. This program covers:

- Common hazards
- Purpose and function
- Safe work practices

Online; Interactive Course Available in Spanish

Manual Material Handling

Trains on the necessities of lifting, moving, and storing materials in order to get the job done safely. This program covers:

- Safer lifting
- Manual pallet jacks
- Hand trucks
- Material stacking

Online; Student Video Course Available in Spanish

Marine Facilities Security

Addresses MTSA Act

Trains employees on the MTSA Act and how it affects workers in marine facilities. The program covers:

- What is the MTSA Act?
- The employee's role in maintaining marine security
- Potential security risks found in marine facilities

Online; Student Video Course

Muscle Strains & Sprains

Teaches the importance of hazard recognition, body mechanics, and properly preparing the body for manual tasks through real work situations. This program covers:

- How muscles, bones, tendons, and ligaments work together
- The importance of health and nutrition
- The importance of stretching and fitness to avoid strains and sprains
- Best safety practices to prevent injuries
- Correct stretching techniques

Online; Interactive & Student Video Course Available in Spanish

Needlesticks: Avoiding Exposure

Addresses OSHA 29 CFR 1910.1030 - Needlestick Safety & Prevention Act

Trains hospital-based and other healthcare personnel on best safety practices to avoid needlestick injuries and their associated consequences, providing them with the tools to keep them safe and informed. This program covers:

- Bloodborne pathogens and exposure routes
- Exposure control plan
- PPE, work practice, and engineering controls
- Safer medical devices
- What to do if exposure occurs
- The sharps injury log

Online; Interactive & Student Video Course Available in Spanish

NFPA 70E: Arc Flash and Arc Blast Protection

Addresses 2015 NFPA 70E Standard

Teaches workers how to deal with electrical hazards as safely as possible and what it takes to do their jobs without getting hurt or killed. Updated for the 2015 NFPA 70E standard. This program covers:

- Electrical hazards and injuries
- De-energizing equipment
- Working "hot"

Online; Interactive & Student Video Course Available in Spanish

Office Ergonomics

Shows a broad range of office situations and computer use to teach workers how to be more comfortable at work and lower stress and injury caused by awkward positions and repetitive tasks. This program covers:

- Definition of ergonomics
- Proper posture
- Ergonomic risk factors
- Effective ways to prevent injuries
- Recognizing and respecting early warning signs

Online; Interactive & Student Video Course

Available in Danish, French, Portuguese and Swedish

Office Safety

Trains office workers to spot potential hazards and provides best safety practices for keeping incidents from occurring.

Online; Interactive & Student Video Course

OSHA Recordkeeping

Addresses OSHA 29 CFR 1904

Teaches workers how to use the 300 Log to identify workplace hazards, assist OSHA Representatives, and maintain compliance at your site.

Online; Interactive Course

PACE Behavioral Driving: Commercial Vehicles

Uses the acronym PACE (Plan Ahead, Analyze the Surroundings, Communicate with Others, Execute Safe Driving) to teach commercial vehicle drivers how to have a more stress-free, uneventful, and safer workplace driving environment. This program covers:

- Elements of collisions and how to avoid them
- Ensuring road readiness
- Strategies for analyzing surroundings
- Communicating with other drivers
- Executing safe driving skills

Online; Interactive Course

PACE Behavioral Driving: Passenger Vehicles

Uses the acronym PACE (Plan Ahead, Analyze the Surroundings, Communicate with Others, Execute Safe Driving) to teach passenger vehicle drivers how to have a more stress-free, uneventful, and safer workplace driving environment. This program covers:

- Elements of collisions and how to avoid them
- Ensuring road readiness
- Strategies for analyzing surroundings
- Communicating with other drivers
- Executing safe driving skills

Online; Interactive Course

Patient Lifting & Transfer

Teaches workers how to prevent risks and reduce the immense stress on a body in order to reduce injuries. This program covers:

- Common injuries and hazards
- Lift techniques
- Body mechanics
- Equipment aides
- Assessment and algorithms

Online; Student Video Course Available in Spanish

Pipeline Safety

Teaches how to work safely around pipelines, covering issues such as excavation safety, PPE, welding, and ergonomics. This program covers:

- Limiting exposure to hazardous materials
- Lockout/Tagout procedures
- Working safely in confined spaces
- Proper use of PPE
- Best safety practices

Online; Interactive Course

PPE: Armed For Safety V2

Addresses OSHA 29 CFR 1910.132

Teaches how proper personal protective equipment and training serve as the first line of defense in mitigating, reducing, or even eliminating injuries. This program covers:

- Hazards
- PPE selection
- PPE fit

Online; Interactive Course

Available in French, German, Italian, Portuguese, Spanish, Swedish

Preventing Spills

Teaches workers how to spot possible spill situations and eliminate them before they occur. This program covers:

- Identifying potential hazards
- Handling hazardous materials
- Maintenance procedures

Online; Interactive Course Available in Spanish

Radiation Safety

Addresses OSHA 20 CFR 1910.1096 and 1910.97

Teaches workers how radioactive isotopes affect the body by explaining how much exposure is too much, and provides best safety practices when working around sealed radioactive sources and emitting devices. This program covers:

- What radiation is and its potential hazards
- Recommended maximum dosage by job function
- Sealed sources containing radioactive isotopes
- Using radioactive gauges
- X-ray producing equipment
- Measuring personal exposure levels

Online; Interactive Course

RCRA

Addresses the Resource Conservation Recovery Act

Ensures workers are ready to protect the environment, their health and safety, and their company by training them to safely work with, and dispose of, hazardous waste. This program covers:

- Identifying hazardous waste
- Best safety practices
- Hazardous waste regulations
- Safely handling waste
- Best management practices

Online; Interactive Course

Respirators: Air Purifying

Addresses OSHA 29 CFR 1910.134 and ANSI Z88.2-1992

Teaches respiratory hazards to look for, practices to ensure a proper fit and how air purifying respirators work. This program covers:

- The limitations and capabilities of air purifying respirators
- Fit testing and user seal checkers
- Proper use and care of air purifying respirators
- Dust masks

Online; Interactive Course

Rigging Safety

Addresses OSHA 29 CFR 1926.251 and 1910.184

Ensures riggers are properly trained on all aspects of their job in order to prevent accidents and property damage. This program covers:

- The role of the rigger
- Types of slings
- Safe work practices

Online; Interactive Course

Road Rage

Demonstrates real road situations and offers measures to reduce exposure to aggressive driving. Relevant for sales representatives, service people, delivery drivers, and anyone else who spends time behind the wheel. This program covers:

- Specific, effective advice to avoid getting involved with an aggressive driver
- What to do if you are the victim of aggressive driving
- The importance of not indulging in aggressive driving yourself

Online; Interactive Course

Safe Behavior No Regrets

Helps workers integrate safety into everything they do, thereby reducing accidents and lowering costs. A highly motivational message on the importance of safety. This program covers:

- Principles of behavior awareness
- The importance of interpersonal communication
- The power of positive reinforcement
- How to make best safety practices a part of your everyday work practices

Online; Interactive Course

Sexual Harassment: Understanding and Preventing

Addresses CA sexual harassment law AB 1825

Appropriate for a company-wide audience, including employees and managers. This program covers:

- Defining sexual harassment in legal and practical terms
- Demonstrating behaviors that are and are not acceptable in the workplace
- Explaining the actions to take for victims of sexual harassment

Online; Interactive Course

Sexual Harassment: What Supervisors Need to Know

This program is manager-specific and demonstrates:

- How to prevent sexual harassment at your workplace
- The impact of sexual harassment in the workplace
- How to handle a sexual harassment complaint
- What to expect during a sexual harassment investigation

Online; Interactive Course

Silica Safety Awareness

Protects workers from the hazards of crystalline silica in order to avoid unnecessary illness and death. Workers receive detailed information about silica, exposures, and health effects. This program covers:

- What is crystalline silica?
- Common exposures to crystalline silica
- The hazards of crystalline silica
- What to expect in your workplace
- Best safety practices

Online; Interactive Course Available in Spanish

Skid Steer Loaders: Safety In & Out

Teaches the appropriate training and versatility of a skid-steer loader in order to avoid accidents and anticipate future hazards. Appropriate for workers excavating at a jobsite, tending livestock, laboring indoors, or removing snow. This program covers:

- The pre-start inspection
- Avoiding the biggest danger
- Preventing rollovers
- Best work practices

Online; Student Video Course

Slips, Trips, & Falls

Teaches important safety tips for eliminating fall hazards in their work environment, as well as information about fall protection equipment. Features professional stunts demonstrating falls in several environments. The program covers:

- Good housekeeping
- Picking up obstacles
- Cleaning up spills
- Eliminating hazards in the office environment

Online; Interactive Course Available in Spanish

Stairways & Ladders

Addresses OSHA 29 CFR 1926 Subpart X

Teaches awareness of the hazards, proper housekeeping, and safe work practices for working with or around stairways and ladders. This program covers:

- Ladder selection guidelines
- Inspection and maintenance
- Construction requirements
- Setting up a ladder

Online; Interactive Course

Static Electricity

Teaches specific measures for eliminating or controlling the hazards of static electricity through work practices and engineering controls. Operations or procedures demonstrated include mixing and blending, roll operations, converting processes, cutting and coating, printing, and injection molding. This program covers:

- What is static electricity?
- Hazard recognition
- Engineering controls
- Best safety practices

Online; Interactive & Student Video Course

Steel Erection

Addresses OSHA 29 CFR 1926 Subpart R

Teaches how to increase safety on multiple steel erecting topics, such as fall protection, structural stability, walking and working surfaces, communication, and planning.

Online; Interactive Course

Stormwater Management

Complies with Clean Water Act

Creates awareness of the contributing causes of stormwater pollution and teaches best practices to stay in compliance and keep the environment clean. This program covers:

- What is stormwater?
- The impacts of stormwater pollution
- Stormwater program regulations
- Best management practices

Online; Interactive Course

Street Smart: Driving Skills

Reinforces the importance of safe choices on the road by teaching skills and techniques that enable employees to recognize and reduce hazards. This program covers:

- Why safe driving is important to you
- Your responsibility for safe driving
- Driving skills to reduce risk exposure

Online; Interactive & Student Video Course

TSCA – Toxic Substance Control Act

Teaches how to increase safety on multiple steel erecting topics, such as fall protection, structural stability, walking and working surfaces, communication, and planning.

- What is TSCA?
- The TSCA inventory
- Reporting and retaining information
- Recognizing and respecting toxic substances
- Best safety practices

Online; Interactive Course

Valve Safety

Helps ensure workers understand the best safety practices when operating on or around valves, in order to prevent strains, sprains, and incidents. This course covers:

- Recognizing different types of valves
- Identifying common valve hazards
- Step-by-step valve risk assessment
- Ergonomic issues related to valve safety
- Best safety practices for working with valves

Online; Interactive Course

Warehouse Safety: Heads Up

Teaches warehouse workers how to recognize common workplace hazards and risks they face every day. This program covers:

- Proper lifting techniques
- Basic ladder safety
- Best practices for back safety
- Working safely around conveyor belts and systems
- Working safely around forklifts and powered lift trucks

Online; Student Video Course Available in Spanish

Welding Safety

Addresses OSHA 29 CFR 1910.252 and 1917.152

Teaches employees how to recognize and respect potential welding hazards by using best safety practices to prevent property damage and injury. This program covers:

- Types of welding
- Best safety practices
- PPE selection
- Special welding situations
- Fire prevention
- Purpose and procedures of a hot work permit
- Purpose and importance of ventilation

Online; Interactive Course Available in Spanish

WHMIS

Train your workers on the key elements of Canada's national Workplace Hazardous Materials Information System (WHMIS), to ensure compliance when working with or in Canada.

- General awareness • Material safety data sheets
- Chemical hazards • Best safety practices
- Container labels

Online; Interactive Course

Winter Driving: Weather the Road

Helps ensure even the most experienced drivers know the hazards of winter driving by preparing them to tackle cold temperatures, limited visibility, and slippery roads. This program covers:

- Preparing for winter
- Before you drive
- Winter driving techniques

Online; Interactive Course

Workforce Hazard Recognition: Identify & Eliminate

Ensures that workers recognize workplace risks and teaches them to identify and eliminate risky actions and conditions that can turn into safety problems or expensive incidents. This program covers:

- Why small actions matter
- Hazard recognition tools
- Maintaining awareness

Online; Interactive Course

Workplace Violence: Prevent the Threat

There are specific policies in place regarding how to avoid or respond to workplace violence that may differ among industries or types of workplaces; this program provides an awareness-level overview of the types and risk factors of workplace violence and how to avoid an incident. This program covers:

- Recognizing workplace violence
- Preventing workplace violence
- The stages of workplace violence

Online; Student Video Course Available in Spanish

Zika Virus: Prevent the Infection

Zika is a virus that was first discovered in 1947 in Uganda and is primarily spread by the bite of an infected *Aedes aegypti* or *Aedes albopictus* mosquito. Before 2007, most Zika outbreaks were likely not documented because the symptoms are similar to other types of diseases. Recently, Zika has been linked closely to serious birth defects and health officials all over the world recommend that people take precautions to avoid infection because there is no vaccine, medicine, or cure for Zika. Job tasks may raise the risk for Zika infection, therefore it is very important to understand the virus in order to protect yourself, your family, and your coworkers who are or may become pregnant. This program will enable you to:

- Describe the risks associated with Zika infection.
- Name the ways Zika virus can be transmitted.
- Describe prevention techniques to avoid Zika transmission.

Online; Student Video Course

Tokio Marine America Driver Safety Courses

Tokio Marine America is dedicated to helping our clients and their employees remain safe at all times.

Automobile accidents are a leading cause of accidental injury in the workplace. A consistent defensive approach to driving is the best way to reduce the likelihood of driver error.

The Tokio Marine America Loss Control Department, in conjunction with UL Safety Solutions, has developed a Defensive Driving Training Program based on industry best practices for driver safety. Our LMS portal makes delivering safety training convenient and easy. Your drivers can access our web based training programs remotely while in a comfortable learning environment from their homes. The result is training and education that is efficient, cost effective, and accessible to all via the web.

The program takes about 60 minutes to complete, and is set up on two steps, Step 1, Review the course presentation, and Step 2, taking the quiz.

The course can be accessed through a personal computer or mobile tablet device.

End of Program Quiz

These programs include a 20 question quiz. Once your drivers complete the quiz they will automatically receive their score. A passing grade is 80% or more (at least 16 correct answers put of 20), and a certificate will be awarded immediately. The drivers will also receive an Email confirming their successful completion of the course with a link to their Certificate of Completion.

Defensive Driving Training for Private Passenger and Small Utility Vehicles

Course Objectives

This program focuses on defensive driving strategies on accident avoidance for the private passenger and the small utility vehicle driver.

Most vehicle accidents are a result of human error. The goal of this training program is to provide employee drivers with the knowledge and safe driving techniques they need to avoid collisions and violations.

Topics covered under this program include speeding, right of way violations, turns, passing, tailgating, backing, distracted driving, road rage, aggressive driving, drugs and alcohol, vehicle inspections, and incident procedures.

Distracted Driving Prevention Training

Course Objectives

This program focuses on the types of driving distractions and strategies to avoid them. The course is for all types of drivers.

Each day in the United States, more than 9 people are killed and more than 1,060 people are injured in crashes that are reported to involve a distracted driver. The National Highway Traffic Safety Administration (NHTSA) estimates that driver inattention is a factor in 80 percent of highway collisions. By failing to give full attention to the road, distracted drivers put themselves, their passengers and everyone else on the road at risk. This course presents strategies drivers can use to remain focused on the road.